



Dear Friends,

I have 3 three things to share with you this month.

First, the Annual Meeting of The Church of the Holy Spirit is scheduled for Sunday, February 11, 2018, at 11:30 a.m., in the Parish Hall. All communicant members in good standing (i.e. voting members) are requested and encouraged to attend.

Second, Lent is shortly upon us! Ash Wednesday is February 14. Valentine's Day; that's an interesting combination! Probably not a day for chocolate—but maybe recovering a heart for God. After all, Valentine is said to be an early Christian martyr who gave his life rather than deny his devotion to Christ. Our services, each of them Eucharist with Imposition of Ashes, are as follows: **7:30 a.m.** (spoken service), **10:00 a.m.** (with hymns), and **7:00 p.m.** (choral service). I hope that all CHS folk will participate in one of these so that we may begin our Lenten journey together as a Parish family.

Third, we're doing something different this Lent. While the Stations of the Cross will be hung up in church and available for individual (or informal small group) devotions, we won't be scheduling formal "Stations of the Cross" services this year. Booklets containing the service will be available on the credence table by the side altar. Anytime something else is not scheduled, please feel free to come to church and do the stations. (And remember that the South, West, and North entrances are never locked.)

This year, however, we are going to highlight "**Wednesday Evenings in Lent,**" beginning February 21st, including a soup and bread supper. The article on page 2 includes the details for our journey through *The Pilgrim's Progress*. This will be an opportunity to share a simple meal, fellowship, prayer and reflection on a classic text most apt for Lent.

Here are some additional suggestions on reading this book:

Just relax about the antique language. One gets used to it, and I believe there's real advantage in engaging the original. It's actually quite readable; more so, for us, than either Shakespeare or the King James Bible.

Let the story be the initial focus. People with great, moderate, or even no sympathy with Bunyan's theology have greatly enjoyed this classic. Short as it is, it's a monument of English literature. Read the story first, then let its meaning come to you as it will. Remember especially that it's told as a **dream sequence**. This is more than an author's trick. It tells us much about the kind of writing it is. Yes, there are nightmare elements and, like most dreams, all characters, not just the protagonist, tell us something about ourselves. And like any adventure tale, from Homer's *Odyssey* to Tolkien's *Lord of the Rings*, the risky parts outweigh the times of respite. (Otherwise, it wouldn't hold our interest.)

Remember that it's an allegory. The point of allegory isn't just figuring out the puzzle; "x" means "y," and that's that, we move on. Rather, as C. S. Lewis wrote, "The right process is the exact reverse. We ought not be thinking 'This green valley, where the shepherd boy is singing represents humility.' We ought to be discovering, as we read, that humility is like that green valley. That way, moving always into the book, not out of it, enriches the concept."

("The Vision of John Bunyan," *Selected Literary Essays*)

Blessings on it—and on us.

Adam +

WEDNESDAY EVENINGS IN LENT—FEBRUARY 21ST TO MARCH 21ST *THE PILGRIM'S PROGRESS* BY JOHN BUNYAN

“This Book will make a Traveller of thee”

During Lent, beginning on Wednesday February 21st, we will continue our Wednesday evening opportunity for prayer and discussion using John Bunyan’s “The Pilgrim’s Progress”. We will gather at 5:30 in the Parish Hall, and share a soup-and-bread supper. Our discussion and reflection session will begin at 5:45 and finish by 6:45.

We will read from one edition. This will facilitate group discussion. Here it is:

The Pilgrim’s Progress John Bunyan, Edited with Introduction and Notes by Roger Pooley
Penguin Classics; ISBN-13: 9780141439716; 2008/2009

This is not an expensive edition and may be ordered from your local independent bookseller. And we also have a few discount copies available for sale in Galley West (open on Sunday’s after the 10:00 service).

We will only be reading the first part, which totals 154 pages, covering about 30 pages a week in our five-week series. Although very episodic, *The Pilgrim’s Progress* has no chapter divisions, as such. However, the breaks come in fairly reasonable places. Here’s our schedule:

Wednesday, February 21, pages 11-43
Wednesday, February 28, pages 43-71
Wednesday, March 7, pages 71-101
Wednesday, March 14, pages 101-137
Wednesday, March 21, 137-164

It is highly recommended to read the scheduled portion ahead of time, and, it may be helpful to keep a journal with observations, reflections and questions. Jotting down page numbers referencing the passage itself can be very helpful as well when it comes to the group conversations!

John Bunyan’s classic is a cornerstone of English literature and also one of the most loved and influential works in the entire history of Christian devotional writing. Never out of print since its original publication in 1678, it has nourished, challenged, inspired, and formed generations of Christians—of many backgrounds.

While not a complicated or long book for us today, it’s not an easy read. Our contemporary sensibilities are less open to admitting (openly) that the journey of faith is a demanding enterprise with ups and downs and risks as well as blessings. But perhaps there’s something refreshing to be found in that kind of honesty. We don’t have to pretend that Christian spirituality promises an unbroken chain of success stories. Rather, our Godly learning and growth can occur, sometimes most profoundly, in times when all is not working as well as we feel it ought to be.

Bunyan, being a Nonconformist—challenging the Church of England and the Prayer Book tradition, none the less (and paying a heavy price for doing so)—probably didn’t put much stock in the usefulness in our pattern of liturgical seasons. Nevertheless, God works in mysterious ways. *The Pilgrim’s Progress* is a very apt read for Lent, especially.

And please don’t worry about initial reactions, especially if this is your first reading. (Remember that finding something “off-putting” can say much more about us than it says about the thing to which we are reacting!) It’s an allegory, to be sure, but also a compelling story. Let’s be drawn into the adventure of it.

And here, from Bunyan’s own invitation:

*Art thou for something rare, and profitable? Wouldest thou see a Truth within a Fable?
Art thou forgetful? Wouldest thou remember from New Year’s day to the last of December?...
Wouldest thou divert thyself from Melancholy? Wouldest thou be pleasant, yet far from folly?...
Wouldest thou be in a Dream, and yet not sleep? Or wouldest thou in a moment laugh and weep?
Wouldest thou lose thy self, and catch no harm? And find thy self again without a charm?...
...O then come hither, And lay my Book, thy Head, and Heart together.*

So then, may it be: “This Book will make a Traveller of thee”

Adam+

LADIES' LUNCHEON - THURSDAY FEBRUARY 1ST 12:00 NOON.

Hopefully the weather will enable us to meet in February. Please bring a sandwich and join us in the Parish Hall. We will keep the same committee as January: Table decorations, Lori Linton; Chips, Sue Stevens; Paper Goods, Barbara Mahoney; Lemon and Half 'n half, Jane Affleck; Juice, Fay Cole; and Dessert, Betty Yearling. If anyone wants to help Betty with the dessert venture, just call her and offer your help.



YOUTH SUNDAY FEBRUARY 4TH

The 10:00 service will include readings by the children and a children's Instructed Eucharist for everyone;
Followed by a delicious brunch, prepared and served by our youth, including a choice of 2 soups* and a grilled cheese sandwich.



*Corn Chowder recipe is from Matt Thompson's friend, formally a chef at the Pentagon!

LABYRINTH WALK – FRIDAY FEBRUARY 9th at 10:00 a.m. PARISH HALL Dr. Margaret Rappaport

“Light” is the theme of our walk this month.

Darlene T. Hagon, Veriditas-certified labyrinth facilitator, will focus on awakening hope and deepening faith as symbolized by the quiet, increasing light of this time of year. She will select music to accompany the walk.

The Rev. Anne Koehler will open the walk with an introduction to the labyrinth and a theme focused prayer. She will close the walk with insightful commentary.

Dr. Margaret Rappaport will pace our entrance into the labyrinth and hold the sacred space as we walk.

The labyrinth team will support the theme with banners and other symbols to enhance our experience.

All are welcome to join us for the walk or to pray and meditate while seated in our softly lit Parish Hall.



CHURCH SCHOOL NEWS

A big thank you to Bernie Hutchens who read the children a wonderful Christmas story called “Great Joy” in the library following the Epiphany Trope.

Confirmation will be held on April 28th with 6 young people from Holy Spirit being confirmed. Praise be to God. Location for the Confirmation service is to be determined!

See the Pancake Supper news below !



Tuesday, February 13th come and celebrate Mardi Gras in the Parish Hall at the *Shrove Tuesday Pancake Supper* cooked by our youth at 5:30 p.m. This event is for the whole Parish and will include Lenten bags for each family from the Church School to take home. What is a Lenten gift bag? Come to find out!

SHEPHERD GROUPS— Sunday February 18th—5:30 p.m.

- Orleans Shepherd group will meet at the home of Sally Dewing, 347 Tonset Road 508-255-0487.
- Eastham/Wellfleet and Brewster/Dennis—*look for announcements in Sunday Blue Bulletins.*

MEN'S LUNCHEON - WE ARE NOT MEETING IN FEBRUARY & MARCH— SEE YOU AGAIN ON APRIL 18th



REMINDER—THE PARISH ANNUAL MEETING WILL BE ON SUNDAY FEBRUARY 11TH AFTER THE 10:00 SERVICE.

At the Parish Annual Meeting on February 11, 2018, the CHS Nominating Committee will present the following slate of nominees for Vestry election. Please refer to their biographies that appeared in the January edition of *Together*.

- ◆ CYNTHIA MURRAY, WARDEN, to be re-elected for a two-year term ending 2020
- ◆ STEVEN (STEVE) KOEHLER, TREASURER, to be re-elected for a one-year term ending 2019
- ◆ DEBBIE BEAL, CLERK, to be elected for a one-year term ending 2019
- ◆ BRENDA RIDGEWAY, to be elected to vestry, two-year term ending 2020
- ◆ DONNA TAVANO, to be elected to vestry, two-year term ending 2020
- ◆ MELISSA KEEFE-JONES, to be re-elected to vestry, two-year term ending 2020
- ◆ BROOKE EATON-SKEA, to be re-elected to vestry, two-year term ending 2020
- ◆ JACK GENTILE AND STEVE KOEHLER, Diocesan delegates, two year terms ending 2020
- ◆ CELIA CALHOUN, Alternate Diocesan delegate and Deanery delegate, two-year term ending 2020
- ◆ BOB AND JANET WINTER, THE REV. BILL AND MARGARET ANNE HEUSS, delegates to the Cape Cod Council of Churches, two –year terms ending 2020.

ARTIST GALLERY

This month Helen Richardson and Sharyn Laughton are sharing/filling the gallery with LOVE!

Helen is director of the Prayer Shawl Ministry. The work of Helen and many other knitters will be on display. Take a shawl off the display board and give to a friend who is at home, a hospital, or a nursing home and who needs our love. Just remember to sign out your chosen prayer shawl with Debbi Manning.

Sharyn Laughton will also be displaying and selling felt hearts and cards from her lovely Art Offerings...more love to share! Enjoy the show.

PASTORAL CARE— Celia Calhoun

Please help us to provide pastoral care by sending an email to the CHS email below about anyone in the parish who has gone to a hospital or nursing home, or who has suffered any major loss or life changing circumstance.

pastoralcare@chsorleans.org

If **YOU** are taken to the hospital, please inform the hospital staff that you want your home parish to be informed. The chaplain there will call our parish office to let us know you are there.

As our parish pastoral care needs grow, we also need more volunteers to visit people. Would you consider volunteering to visit someone, say once a month? Please let me know, through the pastoral email above or my personal one below.

If you are already visiting someone, please let me know who you are visiting and send us updates after your visits.

Celia Calhoun, Coordinator (ccalhouncape@comcast.net)

NAUSET INTERFAITH ASSOCIATION (NIA)—Fr. Ken Campbell

-Almost 300 people filled our Holy Spirit Parish Hall and Church to capacity for the annual Martin Luther King Breakfast on January 15th on the theme "Immigration Through the Lens of Race and Class." A special thanks to Fr. Adam for facilitating the use of the Church sanctuary so that all who wanted to attend could be accommodated. Anyone interested in NIA should contact Fr. Ken at 413-478-5719 or ksbcampbell@verizon.net

-Upcoming NIA events include the following:

-“The Case Against Torture” in American prisons. A documentary film with discussion at Brewster Ladies Library, Sunday, February 11th at 2 p.m.;

-Ecumenical Good Friday Service at noon on March 30th at the Brewster Baptist Church;

-“ Making Our Tax Policies More Just,” on Saturday, April 14th at 9 a.m., Church of The Holy Spirit Parish Hall. For more information, please contact Fr. Ken Campbell

-Please patronize our FAIR TRADE products in the Parish Hall! Be a part of taking back our food system and fighting for food justice, democracy and protecting the earth through Fair Trade. All the coffee used at Holy Spirit is Fair Trade and organic. For more information, go to equalexchange.coop/action-forum.

HEALTH MINISTRIES COMMITTEE Ann Pike-Paris, chair

February is Heart Health Month

What is the best exercise for the heart?

What can I do to have a healthier heart?

What should I not eat when I have heart problems?

What can I do to prevent heart disease?

Stop by the Health Ministries tables this month to pick up material that answers these questions and includes information on heart healthy living, warning signs, support groups and even a heart healthy recipe or two! Handouts will be available during coffee hour following the 10 a.m. service and on the Reception Desk.

Contact information for more help and support on Healthy Hearts and other issues is available at the following locations:

Councils on Aging

Orleans: 508-255-6333

Brewster: 508-896-2737

Chatham: 508-945-5190

Eastham: 508-255-6164

Harwich: 508-430-7530

Wellfleet: 508-349-0319

Yarmouth: 508-398-9866

VNA's of Cape Cod

Hyannis: 508-957-7400

Falmouth: 508-495-5716

S. Dennis: 508-957-7400

CHURCH OF THE HOLY SPIRIT SCHOLARSHIP 2018 Phil Suraci

The Church of the Holy Spirit Scholarship is open to all CHS seniors. It is an award of \$1,000 towards the tuition to a school of advanced learning, a college, university or trade school. One of our seniors will receive the award which comes from the CHS Diocesan Investment Trust Scholarship Fund and is administered by the Scholarship Committee of The Church of the Holy Spirit.

Students should be active within a Christian Ministry, Community Service and / or related fields and have a financial need. In February, all seniors will be mailed the requirements for the award.

We have five seniors this year with many more children advancing through High School. We would like to continue to award this scholarship in the future. If you would like to donate to the fund and help a deserving CHS senior, please send a check to our Treasurer Steve Koehler at the church office marked "scholarship."

OUTREACH COMMITTEE, By Hadley Luddy, Executive Director of Homeless Prevention Council (HPC)

The Church of the Holy Spirit has been enormously generous to the Homeless Prevention Council since the agency was founded in 1991. In more than 26 years, HPC has now been able to serve over 35,000 people on the Lower Cape with comprehensive case management services to our local neighbors in need and with other support including our annual "Backpack to School" and "Adopt a Family" programs. None of this could be done without CHS's annual grants and donations that help HPC serve close to 2,000 people each year.

HPC hopes to have the continued support of the faith based community and that our partnership with CHS will grow. We are particularly grateful for the support parishioners have given over the years in our gift card and, now, our new 50/50 raffle annual fundraising efforts. Our next 50/50 raffle starts in February! Please consider volunteering at Homeless Prevention Council. Call 508-255-9667 or stop by the office at 14 Old Tote Road in Orleans. Thank you!

FREE SHOP

The Free Shop is gladly and gratefully accepting winter clothing - warm coats, jackets, vests, for men, women and children are especially needed. We are running low on fiction books! Thank you for your donations which can be dropped off any time the Parish Hall is open. If the shop is closed, there is a container outside the shop door.



The Free Shop is open every Monday - Noon to 3 and every Wednesday - 10 to 1. Many thanks to Wayne who had all lights replaced in the shop and got the heater working! Come and see!

NEWS FROM ENDOPUTO, TAZANIA, AFRICA Cheryl Kyle

Enjoy this picture of a welcoming ceremony for the 23 graduates of Endupoto Primary School who passed the National Exam. They were delivered safely to their new boarding school, Oljoro Tano Secondary School, by Mama Cheryl Kyle, (in blue shirt) a Church of the Holy Spirit parishioner, Mama Karen Royce and faithful Maasai elders.



Holy Spirit Church School Children made decorative plates that Cheryl presented to the Endoputo students, who in turn decorated plates that Cheryl will bring back to CHS this spring.



ABOUT US

This month, we get to know a little more about parishioner Nancy Ludewig.

Nancy's childhood hometown was Washington, D.C. St. Alban's, the small church on the grounds of the National Cathedral, was where her family worshiped and where she was baptized. It was and still is a progressive Episcopal church. She remembers her parents and grandparents always sitting in "their pew" ... as all good regular Episcopalians still do today!

Most of her extended family lived in D.C. and Maryland and, even though her father's career as a Naval submariner took them away from the area at times, Nancy and her sister were able to keep a close relationship with her extended family.

One of Nancy's favorite childhood memories was when her Mother, aunts and Godmother would create a Halloween event for their D.C. neighborhood kids. The day included an adult let neighborhood scavenger hunt (the clues were all written in rhymes), ending at their house for food and scary fun in the basement. Sheets were hung over clothes lines to create spooky hallways, and the kids had to walk, by candlelight, in bare feet through wet spaghetti "worms" to where a witch (one of the aunts) would tell their fortunes from pumpkin seeds. Then they would all sit in the dark with their hands under a blanket while her Mom told a spooky story and passed around slippery things to simulate creepy stuff. Fun memories and happy times!

Her dad's career also took Nancy's family to live in Norfolk VA, Key West FL, Hawaii, New London CT Charleston SC and Bethesda MD. During the three years her Dad was the Commanding Officer of the New London Submarine Base, Nancy graduated from the public high school, Norwich Free Academy.

After High School, Nancy went to Elmira College and then transferred to the University of Maryland, graduating in 1964. She married Robert Ludewig that summer and lived in Maryland for two years while her husband finished medical school. They then moved to Charlottesville, VA where he completed his internship and residency. During that time, Nancy taught French and Latin at a rural high school in Madison County (aka "The Bridges of..."). While there, she resurrected a language lab that had been "dormant" for some time. The kids loved it and, while learning French, they "tried" to teach Nancy hog-calling - a life skill she hasn't had much occasion to use.

In 1968 daughter Holly was born, followed seven years later by daughter Tenley. Holly now lives in Belmont with her husband, A.J., and sons Camden (14) and Owen (12). Nancy loves that the Cape is a place her family wants to visit and that she is not too far to visit them in Belmont. Tenley works in the "tech arena" in San Francisco and lives in Oakland. While she would like to have her closer, Nancy loves to visit her and experience Tenley's eclectic neighborhood and that beautiful part of the country.

Nancy and family eventually returned to the D.C. area where her husband set up a private practice. After their divorce in 1987, Nancy worked for years in conference and meeting planning and then at the National Institutes of Health in Bethesda, MD. During this time, she completed a master's degree in organizational development and eventually worked in that field at the National Heart, Lung and Blood Institute and then at the NIH Office of Research Services until her retirement in 2007.

It was during visits with a high school friend in East Brewster that Nancy became "fond of sand dunes and salty air" and fell in love with Old Cape Cod. She bought a house in Brewster that she rented for a few years before moving to there permanently in 2007... and then she went church hunting. Nancy wanted a parish that offered not only various worship opportunities but also good Christian educational programs. Her high school friend recommended several churches including CHS. After identifying herself as a visitor during a CHS service, she was "mugged" by being handed a CHS blue coffee mug and invited to attend coffee hour after the service. It was having the coffee mug in hand that nudged her to go over to the parish hall where she was warmly welcomed by several members...and the rest is history (she was also drawn to CHS by the similarity of its warm interior and architecture to her baptismal church, St. Alban's).

During her 10 years at CHS, Nancy's EFM experience, the 9:00 a.m. Adult Education class, and the post 10 a.m. service Book Discussion Group have greatly stimulated her faith journey. When on occasion she is inclined to roll-over on a sleepy Sunday morning, it is Fr. Adam's enriching Adult Education class and its interesting informal discussions that get her feet on the ground. All these offerings have helped increase her consciousness of God's movement in her life. Her good friends, vegetable garden, her black lab "grand-dog", and living in such a beautiful location are just a few of the things that often make her stop and say, "Thank you, God!"

In addition to her spiritual life, Nancy is an active member of the Brewster/Dennis Shepherd group, First Fruits Guild, Nauset Neighbors, and Nauset Newcomers for which she leads a "Singles Kayak Group" during the summer. Following her love of romance languages, Nancy has studied Italian for several years and traveled several times with her instructor and classmates on small group tours of Italy, mainly in Tuscany. Ciao!

FAITH CHALLENGE

Continuing our 52-week Faith Challenge reading a scripture verse every Monday ... below are the February and March selections. Remember to read them on Monday and then try to “live the message” as you go through the week

February 5	Romans 6:23	February 12	Romans 8:28	February 19	Jeremiah 29:11-13
February 26	Matthew 11:28-29	March 5	Philippians 4:19	March 12	Ephesians 2:8-9
March 12	Ephesians 2:8-9	March 19	James 1:19-20	March 26	Lamentations 3:22-23

B. I. B L. E.

Simply means: Basic Instructions Before Leaving Earth!

AN OPEN INVITATION FROM THE BOOK DISCUSSION GROUP – Brooke and Brian Skea

Our discussion group will continue reading Nadia Bolz-Weber’s memoir/sermon entitled “Pastrix”. Pastrix is “a term of insult used by unimaginative sections of the church to define female pastors.”

Nadia is the pastor of the Evangelical Lutheran Church in America (ELCA) mission church in Denver, CO called House for all Sinners and Saints. Check Nadia on YouTube or find her at www.sarcasticlutheran.com. Get her book and come join us in the Fireplace Room on Sunday mornings after the 10:00 service.

THE CHURCH OF THE HOLY SPIRIT, ORLEANS

January 18, 2018 Vestry Meeting Highlights

The vestry ratified their vote to accept the report of the Nominating Committee for 2018.

The finalized budget for 2018 was discussed and voted on for presentation to the parish at the Annual Meeting.

The Re-Imagining Action Plan has been finalized and accepted by vote of the vestry. It will be presented at the Annual Meeting on **February 11, 2018**.

Adam+ thanked those who are retiring from the vestry for their service.

Respectfully submitted,

Victoria Hutchens, Clerk

ENTERED INTO ETERNAL REST



Rocco Bueti—husband of summer choir member, Norene Bueti



PARISH OFFICE CORNER

-SUNDAY BULLETIN DEADLINE—All Sunday Blue Bulletin items must be sent to Debby by Tuesday 11:00 a.m. **FIRM!**

-PARISH OFFICE HOURS: Monday -Thursday 10:00 a.m. to 3:00 p.m. The office is closed Fridays and will be closed Monday January 1st.

-PARISH OFFICE EMAILS: REMINDER—All emails to the CHS office should be sent to office@chsorleans.org.

-PARISH USAGE REQUESTS: Arline Consiglio manages Parish space requests and is in the Parish Office on Monday and Wednesday mornings. If you plan to use any part of the Parish for any event or meeting, please complete a Parish Usage Form available in the Parish Office.

-MARCH TOGETHER DEADLINE: Monday February 19th. All questions and article contributions should be directed to Sue Sasso (her cell # 860-614-1341 or susansasso@hotmail.com.)

TOGETHER— February 2018

The Church of the Holy Spirit
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Orleans, Massachusetts 02653-3512
508-255-0433
www.holyspiritforleans.org.
office@chisorleans.org

Vestry Officers:

Cynthia Murray, Warden
Rick Paris, Warden
Steven Koehler, Treasurer
Victoria Hutchens, Clerk

Vestry Members:

Marcia Bechtold
Daniel Corcoran
Brooke Eaton-Skea
Jack Gentile
Katherine Goddard
Melissa Keeffe-Jones
Katherine Paradise
Matthew Thompson

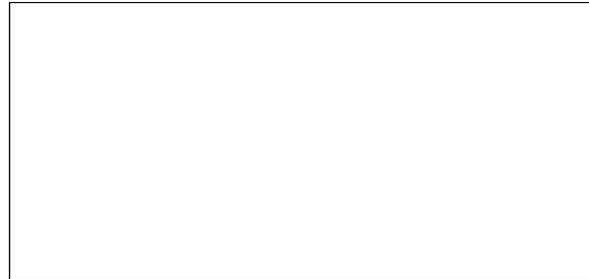
The Rev. Adam S. Linton, Rector

The Rev. Gail Smith, Assisting Priest

Lori Linton, Choir Director
Debby Manning, Assistant
Wayne Currey, Head Sexton
Kim Gagne, Sunday Custodian
Sue Sasso, *TOGETHER* Editor

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Or current occupant



Our mission as The Church of the Holy Spirit is to proclaim Jesus Christ as Savior and Lord, welcome all people and serve one another with love.

MARK YOUR CALENDARS



February 1st— Ladies' Luncheon
February 4th—Youth Sunday & Brunch
February 9th—Labyrinth Walk



February 11th—Parish Annual Meeting

February 13th—Mardi Gras and Shrove Tuesday Pancake Supper

February 14th—Ash Wednesday Services at 7:30 a.m., 10 a.m., 7:00 p.m.

February 18th—Shepherd Groups

February 19th—March ***Together*** Deadline

February 21st & 28th— Wednesday Evenings in Lent with Fr. Adam



*Dear God,
May this Lenten season be a grace-filled time to rekindle
my faith and love for you.*

Amen